

# What Makes a Bed Comfy?

## Science Experiment



### Method

1. Arrange all of the resources in the activity area.
2. Ask the children some questions about why Goldilocks likes Baby Bear's bed e.g. 'What makes a good bed? How do you know if a bed is good or not?'
3. Agree on what makes a 'good' bed, using words like 'comfortable', 'soft' etc., and what makes a 'bad' bed e.g. 'uncomfortable', 'hard', 'lumpy'.
4. Ask the children to make some beds and test them out.
5. Let the children explore the resources and feedback to you what they have found out. Encourage and model the use of language about how things felt.

### You will need:

A selection of materials for building beds e.g.

blankets

sheets

sleep mats

pillows

A selection of materials which would not make good beds e.g.

wooden plank

tinfoil

building blocks

cornflakes

