

Topic for w/c 18.05.2020 - Tuesday

L.O. To learn about the importance of food to Romans and what foods they ate.
To consider how we know what foods the Romans ate.

Watch this BBC bitesize video about Romans food:

<https://www.bbc.co.uk/bitesize/clips/zgps34j>

You might be surprised by the Roman Recipe that is prepared by Adam in the video!!!

Your challenge this week is all about **Roman food**! It would be great if we could create a South America class Roman Cookbook to share with the rest of our school community!

For those who like cooking...you could cook and prepare one of the Roman recipes in the video (hamburgers, salmon, pear pudding...) or found here <http://cookit.e2bn.org/historycookbook/index-30-romano-british.html>. There are some simpler recipes like honey cake here also. Serve it to your family for them to enjoy! You could lie down and eat like real Romans or eat outside! You could write out the recipe (either real or invented) and either include a picture of you making it and your finished product or you could draw a picture of the meal.

If you don't have access to the ingredients or you don't fancy cooking you could invent your own Roman meal from the foods that the Romans had (seen in the video) and just write out or type the recipe neatly and with an attractive border.

If you don't fancy cooking you could also do some research about Roman food and eating habits- there is a research planning sheet in today's folder.

Have fun learning about Roman Food! As a bit of fun I have also set you a fun quiz about Roman Food on Purple Mash!



