

# Tudor Life

ENGLAND'S BEST-SELLING MAGAZINE

November 1542



## I NEED A WIFE

Desperate king sends plea to England

Live past

**35**

with our new  
countryside diet

**MASSIVE 24  
page special**

Inside the Princess's  
big birthday feast

**Sir Gregory**

Exclusive interview  
with jousting legend

**Tortoise  
soup  
recipe**

**15**

ways with tortoise

**Plus!**

**Cleaning Tips with Mary**

