

Science for w/c 22/6/2020

L. O. to identify the different parts of the digestive system and describe their functions

Listed below are some suggested activities that you could have a go at. You are not expected to do all of them and if you have other ideas feel free to do them instead or as well!

- First of all have another go at drawing and labelling the digestive system - compare it to the drawing you did last week - is it more accurate?
- This Youtube video shows how our bodies get nutrients from the food we eat:
<https://www.youtube.com/watch?v=eSEYPO30AN0>
- This is a link to a BBC Bitesize lesson all about digestion and teeth:
<https://www.bbc.co.uk/bitesize/articles/zvk4f82>
- Find out how long the digestive tract is and measure it out.

- This link shows you how to make your own digestive system!
<https://www.bbc.co.uk/bitesize/topics/zf339j6/articles/zrm48mn>
- Find out about the different nutrients the body requires such as carbohydrates, proteins and calcium – which foods are they in? What are they needed for?
- A balanced diet means having a mixture of all the different nutrients that the body requires – think about what you ate yesterday – was it a balanced diet? How could you improve it? Write a meal plan for a day which includes all the things the body needs.

