

Autumn/Winter 2023/2024:

FRIDAY

Golden Fish Fingers or

Salmon Fingers

with Chips

Pizza

Margherita

with Chips

Baked Beans

4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

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MAIN EVENT



MEAT-FREE MAGIC **Vegetarian Dish**



Vegetables and Salads



Filled Jacket

Topped Pasta



Pudding

PICK AND MIX

MONDAY

Chicken & Vegetable Meatballs in Tomato Sauce with Pasta **Twirlers**

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice

Mixed Salad

Cheese Sandwich

Toffee Sponge and Custard

TUESDAY

Mild Chicken Curry with Whole Grain Rice

Cheesy Broccoli Pasta

Bake

Green Beans

Broccoli

WEDNESDAY

Sausages with

Mashed Potatoes

and Gravy

Homemade Cheese

and Leek Sausages

with Mashed Potatoes and Gravy

Daily salad bowl and freshly baked bread available every day

Crispy Skin Jacket Potatoes

Hot Pasta topped with Homemade Tomato Sauce

with Cheese or Beans

Ham Roll

Jelly &

Fruit Slices

Egg Sandwich

Ham Sandwich

THURSDAY

BBO Drizzle Pizza

with Baked Potato

Wedges

Tarka Dhal Curry

(Veggie Lentil Curry)

with Whole Grain Rice

Peas

Orange Cookie

Vanilla Ice Cream

Cheese

Roll

Cut fruit, yoghurt and jelly available every day

Tropical Pineapple

Crumble and Custard



Autumn/Winter 2023/2024:

11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

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MATN FVFNT



MEAT-FREE MAGIC

Vegetarian Dish



Vegetables and Salads



Filled Jacket

Topped Pasta



Pudding

MONDAY

All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans

All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans

Baked Beans

TUESDAY

Pizza Margherita with Baked Potato Wedges

Golden Vegetable Fingers with Baked Potato Wedges

Green Salad

WEDNESDAY

Minced Beef and Onion Pie with Mash

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash

THURSDAY

Chicken **Chow Mein** (Noodles)

Mexican Bean Wrap with Whole Grain Rice

FRIDAY

Golden Fish **Fingers** with Chips

Cheesy Sweetcorn Pizza with Chips

Baked Beans Sweetcorn

Daily salad bowl and freshly baked bread available every day **Hot Pasta topped with Homemade Tomato Sauce**

Carrots

Crispy Skin Jacket Potatoes

with Cheese or Beans

PICK AND MIX

Banana Sponge Cake and Custard

Cheese

Sandwich

Ham Roll

Egg Sandwich

Ham Sandwich Cheese Roll

Jammy Crumble Bars

Apple Crumble and Custard

Orange Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01,12/02

LUNCH WEEK 3 MFNU



MATN FVFNT



MEAT-FREE MAGIC **Vegetarian Dish**



RAINBOW ALLEY Vegetables and Salads



Filled Jacket

Topped Pasta



PICK AND MIX



Pudding

MONDAY

Hot Dog with Baked Potato Wedges

Vegetarian

Green Beans

Shepherd's Pie

Cheese Sandwich

Watermelon Wedge

TUESDAY

Tomato & Roasted Vegetable Pasta Bake

> Mixed Vegetable Korma with Whole Grain Rice

> > Broccoli

WEDNESDAY

Roast Gammon with Roast Potatoes and Gravy

> Baked Mac n Cheese

> > Carrots

THURSDAY

Pizza Day! Veggie Supreme Pizza with Baked Potato Wedges

BBO Drizzle Pizza with Baked **Potato Wedges**

Peas

FRIDAY

Golden Fish **Fingers** with Chips

Golden Vegetable Fingers with Chips

Baked Beans

Daily salad bowl and freshly baked bread available every day **Hot Pasta topped with Homemade Tomato Sauce**

Crispy Skin Jacket Potatoes

with Cheese or Beans

Ham Roll

Egg Sandwich

Ham Sandwich Cheese Roll

Chocolate Crunch and Custard

Oaty Apple Crunch Slice Strawberry Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day