Local services directory

SEMH

- Norfolk and Waveney Family Action - https://family-action.org.uk/services/norfolk-and-waveney-autism-adhd-support/
- Support for families of children with neurodevelopmental differences - https://www.justonenorfolk.nhs.uk/media/ibwnayon/family-support-waveney.pdf
- Children and adolescent mental health – local support
  ormiston.org
- Advice and information for parents and young people/ children with a variety of mental health and wellbeing needs
  youngminds.org.uk
- NHS site helping children and young people to deal with mental health problems
  nhs.uk/oneyou/every-mind-matters
- Parents' information page on ADHD
  youngminds.org.uk
- What is ADHD? Information for parents and carers
  helpguide.org/add-adhd
- Information and advice ADHD and ADD
  adhdandyou.co.uk
- Support for children and young people affected by other's misuse of alcohol or drugs
  phoenix-futures.org.uk
- Drug and alcohol services for children in Norfolk; for those using or affected by someone else's substance misuse
  matthewproject.co.uk
- Victim support available for adults and children
  victimsupport.org.uk

ASD

- ASD Helping Hands - https://www.asdhelpinghands.org.uk/
- Norfolk and Waveney Family Action - https://family-action.org.uk/services/norfolk-and-waveney-autism-adhd-support/
- Support for families of children with neurodevelopmental differences - https://www.justonenorfolk.nhs.uk/media/ibwnayon/family-support-waveney.pdf
- Autism information, advice, support
  autism.org.uk
- Local support and advice about ASD
  autism-anglia.org.uk

Cognition & Learning

- British Dyslexia Association parents' pages
  bdadyslexia.org.uk/parent
- Dyslexia-Spld trust parents' page
  thedyslexia-spldtrust.org.uk
- Website with support, advice and resources about Dyslexia
  dyslexiaaction.org.uk
- Information on Dyspraxia (also known as Developmental Coordination Disorder)
  dyspraxiafoundation.org.uk
- Website that explains how colour filters or overlays can help children and adults read better
  irlen.com
- Frequently asked question regarding use of coloured overlays or filters
  colour2c.co.uk/faqs.htm
- Top Tips on Reading, Handwriting, Spelling, Memory and Organisation
  parentchampions.org.uk

Speech, Language and Communication

- Just One Norfolk - https://www.justonenorfolk.nhs.uk/speech-and-language/
- Information, advice and support regarding children with speech, language and communication difficulties ican.org.uk
- Information on children's communication
  https://ican.org.uk/i-cans-talking-point/

Physical and Sensory

- Information, support and advice for families with deaf children
  ndcs.org.uk
- Sensory integration therapy for children – local support
  sensitreatment.com
- Diabetes support website
  diabetes.org.uk/Children-and-diabetes
- Diabetes support website
  childrenwithdiabetesuk.org/
- Asthma information and advice
  asthma.org.uk/advice/child/diagnosis
- Advice section of website for asthma in children
  asthma.org.uk/advice/child/manage
- Information and advice of support for severe allergic reactions
  anaphylaxis.org.uk/
- Advice and information on different types of allergies
  allergyuk.org/child-allergy-menu/child-allergy

- Local children's services which offer families access to a range of professional services https://www.norfolkcommunityhealthandcare.nhs.uk/childrens-service