The Nightingale Federation Curriculum Vocabulary for PSHE

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Taking turns, choice, consequence, feelings, right, wrong, friend, safety, rules, health, healthy food, family, friendship, kindness, happy, sad, shy, feelings, lonely, sorry, angry, difference, exercise, like, dislike	People, family, different, love Hurt, private touch, uncomfortable, ask Kind, unkind, behaviour, actions, feelings, respect, polite, share, turn taking Rules, needs, care, living things, environment, recycling Internet, digital, device, communicate, safely Strength, interest, jobs, community, different jobs (examples of different jobs e.g. teacher, doctor, police officer, fire fighter, bus driver, post person etc.) Healthy, unhealthy, washing, physical activity, play, sun safety Special, wrong, same, different, feelings, act	Friend, positive play, argument, resolved, lonely, unhappy Hurtful behaviour, bullying, online, surprise, secret, worried, pressured, unsafe, worried Common, classmates, similar, situation, sharing, important, listening, understanding Groups, belong, role, rights, responsibility, community, equal, different Internet access, purpose, value, content, online information Money, kept, looked after, job, paid, need, want, spends Healthy, unhealthy, habit, routine, growing, medicines, dentist, dental health, mood Human life cycle, needs, body parts,	Family structures, relationships, stability, security, commitment Personal boundaries, impact, privacy Respectful, self-respect, courtesy Freedom, laws, responsibility, consequences, human rights Online information, sources, reliability Skills, job stereotypes, personal goals, aspirations, career, teamwork Health choices, feelings, informed decisions, healthy lifestyle, healthy diet, exercise benefits Achievements, personal strengths, setbacks, personal qualities, individuality, Risks, hazards, reduce risks	Positive friendships, friendship qualities Confidentiality, online risks, support, appropriate, permission, consent, peer pressure Differences, similarities, traditions, beliefs Community, shared responsibility, compassion, contribution Data sharing Money decisions Balanced lifestyle, hygiene, dental care, oral hygiene Personal hygiene, physical changes, puberty, external genitalia, personal identity, individuality, personal quality, emotional wellbeing Medicines, legal drugs, habit, vaccinations, immunisation, allergies	Peer influence, peer approval, positive resolution, reconciliation, consent Consent, appropriate and inappropriate contact, acceptable, unacceptable, confidential Equality, lifestyle, discrimination, trolling, harassment, self-respect, anonymous Compassion, shared responsibility, spending decisions Media, opinion, stereotype, suspicious content, reliability, sources, ranked Career ambition, diversity, inclusion, career opportunities, stereotyping, workplace, aspiration, voluntary work Lifestyle, sleep hygiene, mental health, sun exposure, heat	Loving relationships, gender, ethnicity, faith, gender identity, sexual orientation, healthy relationships, family, commitment, marriage, civil partnership, emotionally, romantically Healthy and unhealthy friendship, shared responsibility, risk assessment, personal safety, consent Constructive challenge, conflict, personal behaviour, debate, topical Prejudice, discrimination, stereotypes, diversity Manipulated, altered, fake, restrictions, regulations, compliance, commercial purpose, misinformation 'Value for money', critical consumer,

	Restrictions, online safety, feelings, keeping safe	opportunities, grow up, goals Risks, medicine, familiar, unfamiliar, potentially, electrical appliance, household products, accident, emergency			stroke, disease prevention, vaccination, immunisation, bacteria, virus, skin cancer Risky, positive risk taking, predict, assess and manage risk in different situations	emotions, health and wellbeing, fraud, debt and gambling, financial risk Mental ill-health, adverse experiences, conflicted feelings, grieving process, bereavement mental health and wellbeing Personal information, impact, misuse, legal and illegal drugs, complying